

MOSAIC OUTDOOR MOUNTAIN CLUB OF GREATER NEW YORK, INC

TRIP OUTINGS REPORT

TO TRIP LEADERS:

E mail is preferred when reporting your trip description for quick posting on the website It saves the Trails Report Editor a lot of work!. Please e mail your trip report to acohen36@yahoo.com

- 1. LEADER LOCATION DATE ACTIVITY
2. PEOPLE WHO ATTENDED (PLEASE NOTE NM NEXT TO EACH NON-MEMBER)

3. MILEAGE COVERED ROUTE TAKEN

4. WEATHER

5. Outings Description (Please describe interesting events; i.e views, waterfalls, wildlife, people, etc:

6. If non-members participated, how did they learn of the outing: Friend AMC Outdoors Bergen Record Jewish Week Newsday Mosaic E Mail List Mosaic Open House Mosaic Website Other (please list)

7. Terrain Covered Level Hilly Mountainous

8. Trail Conditions ; i.e, Blowdown Litter Rocky Muddy Poorly Marked
* Trails with serious problems should be forwarded to the attention of the NY/NJ Trail Conference, 156 Ramapo Valley Rd, Mahwah, NJ 07430 (201) 512-9348, office@nynjtc.org

9. Were their any injuries or illness by participants: Yes No
If yes, please explain how they were dealt with

10. Did anyone leave the hike early? Please list names.
Did you check with them later to see if they got out safely? Yes No

11. How many phone calls e mails did you receive versus people who actually showed ?

12. Anything else to report?

**MOSAIC OUTDOOR MOUNTAIN CLUB OF GREATER NEW YORK, INC.
OUTINGS PROPOSAL FOR NEXT NEWSLETTER**

LEADER _____ PHONE (e) _____ (d) _____

E Mail Address _____

OUTINGS TITLE _____ OUTINGS DATE _____

TRIP RATING: _____ MILEAGE _____ PACE _____

TRIP RATING CLASSIFICATIONS

A: Easy - 5 miles or less, usually on flat or a few small hills at a leisurely pace. A typical city walk, beach walk or nature preserve. Suitable for beginners; most urban/beach walks. Also 10 miles or less on a bike at a leisurely pace.

B: Moderately Easy - Hike of 5 to 7 miles, usually flat or a few small hills at a moderate pace, e.g; Rockefeller Preserve, Teatown, Ward Pound Ridge, or 10 miles or less on a bike at a moderate pace;

C: Moderately Strenuous : Hike of 8 to 10 miles; moderate pace; some climbing possibly up and down all day but not too steeply or 10 to 25 miles on a bike; e.g most of Harriman, typical Appalachian Trail hike, 10 to 25 miles on a bike;

D: Strenuous – 10 miles or more; moderate to brisk pace; possibly steep climbs, some rock scrambling, up and down all day, possible bushwhacking e.g; Hudson Highlands, Gunks. or more than 25 miles on a bike at a moderate pace. Experienced hikers/bikers only;

E: Very Strenuous, Over 10 miles; fast pace; possibly steep climbs, up and down all day, possible bushwhacking, extensive rock scrambling, e.g; Long distance hikes ,Catskills, Adirondacks, hikes in extreme heat or cold. or more than 35 miles on a bike at a fast pace. Experienced hikers/bikers only.

* Please note this rating system is a general guide and should cover most events but If your event does not meet this criteria, please qualify in your description; e.g; 5 miles at a fast pace over steep terrain. A plus or minus will be added next to letter to show corresponding increase or decrease in level of difficulty.

DESCRIPTION _____

MEETING TIME: _____ MEETING PLACE: _____

WHAT TO BRING: _____

BEST TIME TO CALL LEADER _____

CAN WE LIST YOUR NEXT OUTING(S)_ IN OTHER MEDIA SUCH AS THE JEWISH WEEK, JEWISH SINGLE NEWS, BERGEN RECORD, NEWSDAY, etc. ONLY THE MOSAIC VOICE MAIL NO. OF (212) 502-0820 will be listed.

YES _____ NO _____

Please e mail outings proposal to **Alan Baxter, Activities Director, abaxter@panynj.gov**